

ARTISANAL SMOKED MEATS HANDCRAFTED IN SMALL BATCHES



NORTH COUNTRY SMOKEHOUSE

UNCURED BLACK FOREST HAM

Our Black Forest Ham is exceptionally flavorful and brined in a secret blend of spices and maple syrup. The ham is double smoked for hours on end resulting in a rich ham to create a truly unique taste. Pile it high for succulent sandwiches or roll it up and use it to top off salads. This variety is free from antibiotics, added growth hormones, nitrates, nitrites, and animal byproducts.



| | |
|----------------|--|
| INGREDIENTS | NATURAL PORK, WATER, SEA SALT, TURBINADO SUGAR, MAPLE SYRUP, DRIED VINEGAR, CULTURED ONION POWDER (ONION POWDER, SEA SALT), CULTURED CELERY POWDER (CULTURED CELERY POWDER, SEA SALT). |
| PRODUCT CODE | 10058 |
| UPC CODE | 791545100583 |
| PRODUCT SIZE | 7 OZ |
| CASE COUNT | 12 PER CASE |
| NET WEIGHT | 5.25 LBS |
| FRESH / FROZEN | FRESH & FULLY COOKED |
| BOX DIMENSION | 14.25" x 11.5" x 5.125" |
| CUBE | .49 |
| PALLET COUNT | 130 |
| TI / HI | 13 LAYERS OF 10 BOXES |
| SHELF LIFE | 90 DAYS FRESH |

RELENTLESS FLAVOR. EXCEPTIONAL ANIMAL CARE. RESPECT FOR THE LAND.



Proudly Made in New England by North Country Smokehouse, Claremont, New Hampshire
 Phone: 603-543-0234 | Toll-Free: 800-258-4303 | E-mail: orders@ncsmokehouse.com

100g Nutritional Values

| Parameter | Value: | | Value 2.00/oz |
|---------------------|--------|-----------|------------------|
| Moisture | 72.46 | gm/100gm | 41.08 gm |
| Protein | 21.30 | gm/100gm | 12.07gm |
| Total Fat | 2.15 | gm/100gm | 1.21gm |
| Calories from Fat | 19.35 | cal/100gm | 10.97cal |
| Ash | 2.83 | gm/100gm | 1.60gm |
| Calories | 109.59 | cal/100gm | 62.13cal |
| Carbohydrates | 1.26 | gm/100gm | 0.71gm |
| Calcium | 2.00 | mg/100gm | 1.13mg |
| Sodium | 786.00 | mg/100gm | 445.66mg |
| Vitamin D | 0.00 | IU/100gm | 0.00IU |
| Potassium | 359.00 | mg/100gm | 203.55mg |
| Iron | 0.79 | mg/100gm | 0.44mg |
| Saturated Fat | 0.80 | gm/100gm | 0.45gm |
| Monounsaturated Fat | 1.00 | gm/100gm | 0.56gm |
| Polyunsaturated Fat | 0.40 | gm/100gm | 0.22gm |
| Trans Fat | 0.00 | gm/100gm | 0.00gm |
| Cholesterol | 48.00 | mg/100gm | 27.21mg |
| Total Dietary Fiber | 0.00 | gm/100gm | 0.00gm |
| Sugars | 1.14 | gm/100gm | 0.64gm |

gm=grams, mg=miligrams, IU=International Units, <=Less Than

Values on this report are actual analytical results. Label declarations may require rounding or conversion to % Daily Value or serving size



North Country Smokehouse holds the SQF Quality Shield, awarded by the The Safe Quality Food Institute (SQFI), a universal, farm-to-fork safety & compliance program recognized by the Global Food Safety Initiative.



Microbiological Properties

| Parameter | Value |
|-------------------------|----------|
| Standard Plate Count /g | <40,000* |
| Total Coliforms MPN /g | <10 |
| E. Coli MPN /g | <10 |
| Coag. + Staph MPN /g | <10 |
| Yeast /g | <500* |
| Mold /g | <200* |
| Lactic Acid Bacteria /g | <500* |
| Salmonella species /g | Negative |
| Listeria Species /25g | Negative |

*estimated count, <less than, > greater than

Nutritional Values per Serving

| Nutrition Facts | |
|-------------------------------|-----------|
| 4.5 Servings Per Container | |
| Serving Size 1.5 oz (43g) | |
| Amount per serving | |
| Calories | 45 |
| % Daily Value | |
| Total Fat 1g | 1% |
| Saturated Fat 0.5g | 3% |
| Trans Fat 0g | |
| Cholesterol 18mg | 6% |
| Sodium 360mg | 16% |
| Total Carbohydrates 1g | 0% |
| Dietary Fiber 0g | 0% |
| Total Sugars 0.6g | |
| Includes 0g Added Sugar | 0% |
| Protein 8g | |
| Vitamin D 0mcg | 0% |
| Calcium 1mcg | 0% |
| Iron 0.5mcg | 4% |
| Potassium 150mg | 3% |

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

[+] Certified to Step 1 standards of Global Animal Partnership's multi-tiered program by Earth Claims, LLC.